

Dancin' Feet Dance School Dance Class Descriptions

Dancin' Feet Dance School offers dance lessons to students age 2.5 - Adult. When placing students in class we consider age, ability and experience for class placement.

2.5 - 3 year old PARENT/DANCER CLASS: This class is designed for a fun introduction to dance and rhythms. This classes expose the young child to the world of dance in a very relaxed and fun way, with creative song and dance, props, and fun music. Parents join in with class to help ease the transition and learn the class structure. Part way through the year dancers will begin to dance in class on their own.

TAP-JAZZ-BALLET COMBINATION CLASS: (3 year olds- 5 year olds): This class is designed for fun. We will learn the basic fundamentals of tap, jazz and ballet. Warm-ups, technique, across the floor combinations and basic dances are all taught. These classes expose the young child to the world of dance in a very relaxed and fun way.

Students that are 6 years of age and older have the option to start focusing on specific areas of dance. This allows for more time to be spent on technique and learning dances that are specific to these styles.

BALLET: Ballet is the basis of many forms of dance and is highly recommended for those dancers wanting to continue with Jazz and Lyrical. Technique and body placement are critical to understanding this precise controlled dance form. Movements develop strength, agility, flexibility and grace. Barre work, center and across the floor technique along with dance combinations will be taught.

JAZZ: Jazz is an upbeat, energetic class. Turns, kicks, and leaps are some of the moves jazz dancers will learn. Technique, stretching, across the floor work and conditioning along with combinations will be taught.

LYRICAL: Blend of ballet and jazz. Across the floor technique, center work along with dance combinations will be taught.

TAP: Tap is a fun rhythmic dance form that is performed on the balls of the feet. Intricate footwork and rhythmic timing will be taught. Fantastic cardiovascular exercise.

CLOGGING: Clogging is an American dance form that is done flat footed. Shoes have double toe and double heel taps. A very popular, energetic, fun class. Clogging steps and dances along with across the floor will be taught.

IRISH: There are two styles of Irish dance: Irish Hard Shoe and Irish Soft Shoe. Both have intricate footwork and require strength, agility, stamina and precise movements.

HIP HOP: A Jazz style of dance consisting of jumps, turns, floor work and fun arm movements. Dancin' Feet Dance School's style is conservative and age appropriate.

PERFORMANCE TEAMS: Perform once a month for community service and special events. Requires one additional class per week and an attendance commitment. Placement is by age and ability. Performance teams are offered in Jazz, Hip Hop, and Clogging.

ADULT CLASSES: Fun, energetic, class. Learn steps and dances. Levels range from beginning to advanced. Classes are recreational.

JUMP ROPE: Stretching, strengthening and cardio workout. Great fun with upbeat music and fun jump rope tricks. Great for all ages!